

## Instructions for Mandatory Free on line Concussion Course for Families

In order for a student athlete to participate in interscholastic sports, the parent/guardian and the student athlete must complete this course **mandated** by the new Massachusetts concussion law.

1. Go to the NFHS Learning Center website at <http://www.nfhslearn.com/>
2. Complete the brief registration exercise located at the upper right hand side of the page.
3. When your registration is complete you may "order" the **free** concussion course offered along the left hand side of the page. Continue following prompts. Although it may look like you'll be charged for the course, there is no cost.
4. Once you've completed "checkout," you'll be able to take the free online course (approximately 25 minutes long).
5. When you've completed and passed the course, you have the option of printing a certificate of completion.