

## Head Injury Instructions

You were referred to this website as your child experienced some type of head trauma in school today. We recommend that you watch your child closely over the next 24 hours and follow the instructions below:

1. Severe headache
2. Nausea and/or vomiting
3. Double vision, blurred vision or pupils of the eyes appear to be different size. (Pupils are the black spot in the eye)
4. Loss of muscle coordination, such as falling down, walking strangely or staggering
5. Any unusual behavior such as being confused, breathing irregularly or dizziness, irritability
6. Convulsion
7. Bleeding or discharge from an ear
8. Your child should be checked carefully at bedtime and awakened at midnight (if bedtime is 8-9 PM) and again midway during the night just to be sure he/she can be awakened and seems to be acting normal.
9. Drowsiness or if you can't awaken your child
10. Slurred speech
11. Any weakness of either side of his/her body- arms, legs
12. If your child shows any signs listed above, contact your doctor or go to your hospital emergency room.